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# Curing Hepatitis C: Current And Future Options For Treatment

*"...distills the key concepts of this complicated field in a style that is easily understood by patients. I use this book as an educational reference for many of my patients to enhance their understanding of their treatment plan."*

—JAMES TROTTER, M.D., Medical Director of Liver Transplant at Baylor University Medical Center

## CURING HEPATITIS C

Current and Future Options  
for Treatment

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Foreword by Eugene R. Schiff, M.D.



## Synopsis

Hepatitis C Doesn't Have to Be a Lifelong Illness Curing Hepatitis C provides the latest information to guide you through the diagnosis and treatment of hepatitis C. If you or a loved one has been diagnosed with hepatitis C, this book provides an indispensable and comprehensive overview of everything you need to know to take the right steps toward a cure. For the nearly 160 million people worldwide and 4 million Americans diagnosed with hepatitis C, there is now hope. Although hepatitis C was once considered incurable, medical and technological innovations have made a cure possible. A new frontier of treatment options has improved upon previous methods by curbing side-effects more effectively and working to eradicate hepatitis C entirely. Curing Hepatitis C also includes:

- \* Easy-to-understand explanations of the nature of hepatitis C
- \* The revealing truth of misconceptions about hepatitis C
- \* Tips to prevent, diagnose, cope with, and ultimately cure this disease
- \* An overview of types of tests and how to understand your results
- \* Breakthrough treatments and medications for hepatitis C, such as triple therapy
- \* The next generation of treatments including interferon-free regimens, QUAD therapy, host-acting antivirals, and more

Personal anecdotes from those affected by hepatitis C

## Book Information

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## Customer Reviews

I find the book, "Curing hepatitis C," useful, informative, and of extreme value. It filled many gaps in my knowledge. Of particular importance for those considering delaying treatment, because of the promise/hope of future HCV treatments, are the sections on "The future of HCV treatment," and "Re-treatment after prior treatment with direct acting antivirals." While some of the materials on future paths are pure speculation, given that these "future" drugs are in trials, the information is nevertheless timely and important. Of great value was the discussion on the differences between alpha-interferons and lambda-interferons. The distinctions are subtle and not appreciated, I am sure, by most. In the "Acknowledgments" Dr. Everson explained that he included quotes and comments from patients so that the book was more than a series of "dry" facts. To be sure, this text is filled with facts. Important facts for those with HCV, and for their families. The comments and discussion lend a certain human element to the discussion. An important element, in my opinion, if for no other reason than to provide insight into the struggles of patients past, future, and present. The human element adds character to the book. It seems I have considered the end and then the beginning. That is so because of my intense study of the subject. I have in fact gleaned much of the information contained herein in my education on this disease. I have studied the viral kinetics models for genotypes 1a and 1b for the currently approved triple therapies [see Rong, et al., "Rapid emergence of protease inhibitor resistance in hepatitis C virus," *Sci. Transl. Med.* 2(30) (2010)].

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